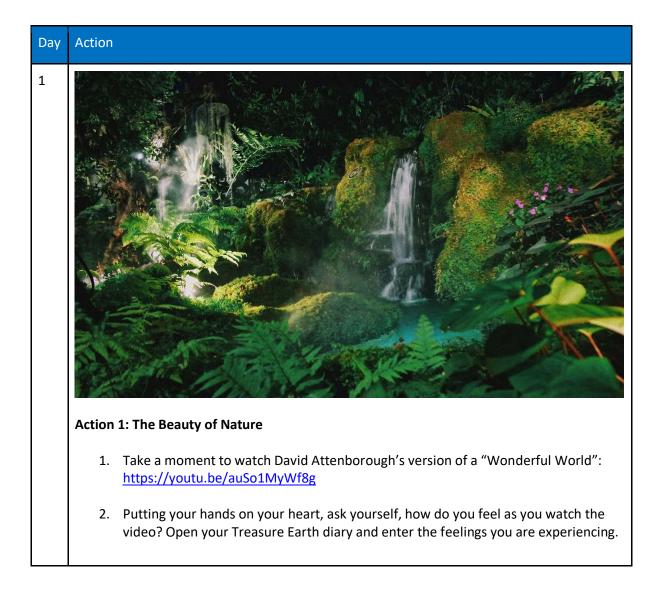


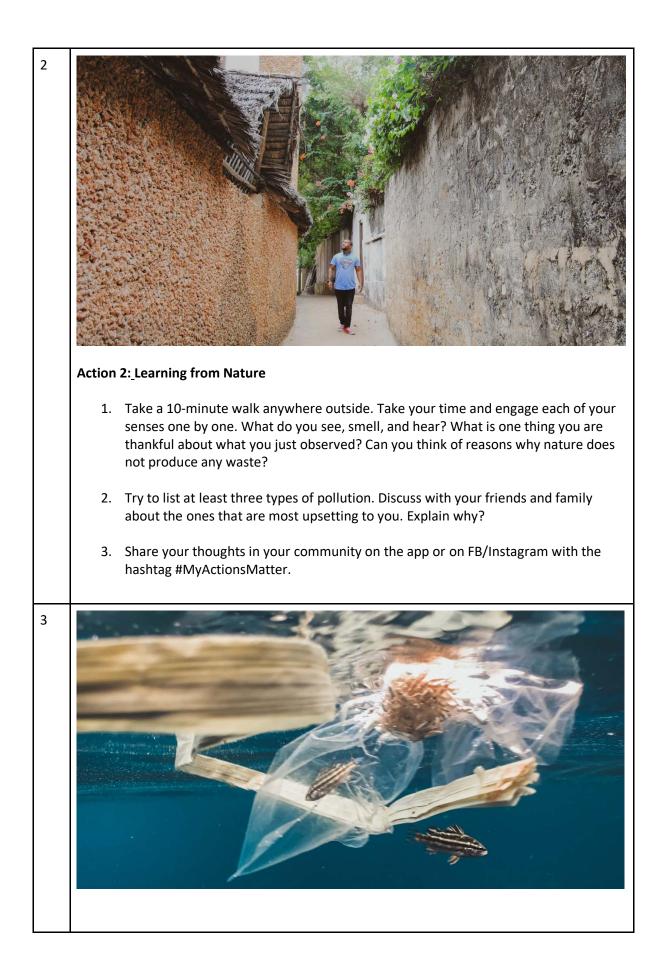


Week 2: Reduce Environmental Pollution

Welcome to week two! Let us now act to reduce environmental pollution.

Fun fact: Did you know that oysters, clams, and other shellfish are efficient filter feeders that help clean the oceans. Adult oysters are estimated to be able to filter up to 190 litres of water a day!





	Action 3: Caught in Plastic		
	1.	Together with a friend or family member, watch this short video about plastic pollution: <u>https://youtu.be/IA9O9YUbQew</u>	
	2.	What emotions are you feeling as you watch the video? What emotions do you think an animal, such as a dolphin, turtle, or seabird experiences if it swallows a bottle cap or is caught in a plastic bag? It can be difficult emotionally for us to watch such videos. To support yourself, you may wish to turn away from the video, close your eyes and take three deep breaths before moving on.	
	3.	What can we do to reduce the suffering of the animals? For some ideas, you can watch this video: <u>https://youtu.be/HQTUWK7CM-Y</u>	
	4.	Share your feelings and handprint commitment on FB or Instagram using the hashtags #myactionsmatter #handprint	
4			
	Action	Action 4: Invisible Pollutants	
	Not all types of pollutants can be smelled or are visible to our eyes. We tend to use many products that contain chemicals that evaporate into the air or are washed into our sewage systems posing a risk to humans, animals, and plants.		
	1.	Can you find five products in your home that contain toxins or chemicals that can be harmful for humans, animals, and plants? How do these chemicals find their way to nature?	
	2.	Can you find or make alternative products that are less harmful? For inspiration,	

